



# Penhaligon's Friends

Children's Bereavement Support Charity

are pleased to be able to offer a unique training day together with...

## David Trickey

Consultant Clinical Child Psychologist and expert in traumatic bereavement

### **SUPPORTING CHILDREN AND YOUNG PEOPLE WITHIN THE SCHOOL/COLLEGE COMMUNITY FOLLOWING A SUICIDE OR TRAUMATIC BEREAVEMENT**

on Monday 30<sup>th</sup> September 2013 from 10am to 4pm

at Cornwall College, St Austell

Delegate Fee: £50.00

*Light lunch is included*

*For services/settings with over 5 representatives attending please call to discuss a reduced delegate fee.*

The day is aimed at those likely to be involved in supporting or advising children, young people and staff within a school or college setting after a suicide or traumatic event including School/College staff, Educational Psychologists, CAMHS, Education Welfare and other support services.

In Cornwall we have a higher than national average number of deaths by suicide each year. We know from experience that the reaction of a school community can be very different following suicide and when there has been an element of trauma. These situations can be more difficult to manage and need to be handled sensitively.

Given the statistics in our county it may be your school/setting will one day be affected by the suicide of a member of staff, parent or even a student.

**The days programme will address the following subjects....**

- **What is Post-Traumatic Stress Disorder\* (PTSD)?**
- **The ways children and young people react to traumatic events within a school or college setting**
- **The impact of this on professionals and how negative impact can be minimised; including responding to external agencies**
- **The real impact of student suicide within a Cornish School community - Liskeard School & Community College will share their experience**

\*The cognitive model of PTSD in children and young people (Meiser-Stedman 2002) will be described and offered as a helpful way to understand such reactions. We will then look at how children and young people react to bereavements before considering what happens when trauma and bereavement coincide with particular reference to deaths by suicide. Research does not support the use of "single-session debriefing", however research does highlight certain principles on which a professional response to such incidents can be based.

To book your place on the day please contact 01209 210624 or email [enquiries@penhaligonsfriends.org.uk](mailto:enquiries@penhaligonsfriends.org.uk)